

# HEREDITARY ANGIOEDEMA (HAE) EMERGENCY GUIDE

Hello,

This letter is in reference to my patient \_\_\_\_\_ and their HAE treatment plan:

Sincerely, \_\_\_\_\_ Date: \_\_\_\_\_

## What is HAE?

Hereditary angioedema (HAE) is a rare genetic disease that can cause attacks of swelling, which can be painful, disabling, and potentially life-threatening.

## Where can HAE attacks occur?

Swelling attacks can occur in various parts of the body.

### Upper airway

Swelling in the throat can block the airway, creating a potentially life-threatening situation.

### Skin/tissue under the skin

Typically affects the face, extremities, and genitals.

### Digestive tract

Can cause mild to severe abdominal pain, vomiting, and diarrhea.

## HAE Attack Triggers

Attacks can often occur without warning, but they are sometimes set off by a trigger. Triggers may include:

- Emotional stress
- Physical trauma
- Surgery or dental procedures
- Infection
- Hormonal influence
- Mechanical trauma
- Medications

## Medical/Dental Procedures and HAE

Some patients may experience an HAE attack **before**, **during**, or even **after** medical or dental procedures. Prior to the start of a procedure, please verify with the patient that they are not currently experiencing symptoms of an attack.



**Please note, an HAE attack can be a serious and potentially life-threatening situation requiring immediate emergency care.**

Please see emergency contact information on the next page.

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## Contact Information

### PHYSICIAN CONTACT

Name:

Office  
phone:

Emergency  
phone:

### PATIENT'S EMERGENCY CONTACT

Name:

Relationship:

Phone:

### PATIENT'S PREFERRED HOSPITAL

Name:

Address:

### PATIENT'S ADDITIONAL MEDICAL DETAILS

## Planning for HAE Attacks

HAE treatment plans require the use of on-demand medication to treat acute HAE attacks, and may also include preventive medication to help prevent or reduce the frequency and severity of attacks.

Treatment plan for \_\_\_\_\_

### ACUTE TREATMENT

Medication:

Dose:

Method:

Frequency: to be taken at the onset of an  
HAE attack

### PREVENTIVE TREATMENT

Medication:

Dose:

Method:

Frequency:

For more information or HAE resources, visit [DiscoverHAE.com](https://www.discoverhae.com)

