

# Family Health Tree





Use the worksheet on the following page to fill in your family's health history. It may help you track your family's history of hereditary angioedema (HAE).

## Understand the hereditary nature of HAE

HAE is a rare disease that affects between one in 10,000 and one in 50,000 people in the entire world. HAE is called hereditary because it can be passed on from a parent. A child has a 50% chance of getting HAE if one parent has it. In an online global survey of 313 people with HAE, participants responded that an average of two immediate and two extended family members were diagnosed with HAE. Encourage your family members to get tested for HAE. Screening family members can aid in diagnosis, education and management of HAE.

## Discuss HAE with your family members

Discuss HAE with your family members and encourage them to complete a family health tree of their own. Having a complete family health history is important in identifying and diagnosing a genetic disorder like HAE. You can also discuss your family health history with your doctor.

## Complete your HAE Family Tree on the next page

**Include the following information for each person (where applicable):**

- Diagnosed with HAE: Yes or No
- Age diagnosed
- Other major medical conditions

### **Indication**

CINRYZE<sup>®</sup> (C1 esterase inhibitor [human]) is an injectable prescription medicine that is used to help prevent swelling and/or painful attacks in children (6 years of age and older), teenagers and adults with Hereditary Angioedema (HAE).

### **Important Safety Information**

You should not use CINRYZE if you have had life-threatening immediate hypersensitivity reactions, including anaphylaxis, to the product.

**Please see additional Important Safety Information on the following pages and click [here](#) for Full Prescribing Information.**

# Family Health Tree

The diagram is a family health tree with the following structure:

- Grandmother** (Left): Year of Birth: \_\_\_\_\_; Experienced HAE Symptoms?  Yes  No; Diagnosed With HAE?  Yes  No; Age Diagnosed: \_\_\_\_\_; Other Major Medical Conditions: \_\_\_\_\_
- Grandfather** (Left): Year of Birth: \_\_\_\_\_; Experienced HAE Symptoms?  Yes  No; Diagnosed With HAE?  Yes  No; Age Diagnosed: \_\_\_\_\_; Other Major Medical Conditions: \_\_\_\_\_
- Grandmother** (Right): Year of Birth: \_\_\_\_\_; Experienced HAE Symptoms?  Yes  No; Diagnosed With HAE?  Yes  No; Age Diagnosed: \_\_\_\_\_; Other Major Medical Conditions: \_\_\_\_\_
- Grandfather** (Right): Year of Birth: \_\_\_\_\_; Experienced HAE Symptoms?  Yes  No; Diagnosed With HAE?  Yes  No; Age Diagnosed: \_\_\_\_\_; Other Major Medical Conditions: \_\_\_\_\_
- Aunt/Uncle** (Far Left): Year of Birth: \_\_\_\_\_; Experienced HAE Symptoms?  Yes  No; Diagnosed With HAE?  Yes  No; Age Diagnosed: \_\_\_\_\_; Other Major Medical Conditions: \_\_\_\_\_
- Aunt/Uncle** (Middle-Left): Year of Birth: \_\_\_\_\_; Experienced HAE Symptoms?  Yes  No; Diagnosed With HAE?  Yes  No; Age Diagnosed: \_\_\_\_\_; Other Major Medical Conditions: \_\_\_\_\_
- Mother** (Center-Left): Year of Birth: \_\_\_\_\_; Experienced HAE Symptoms?  Yes  No; Diagnosed With HAE?  Yes  No; Age Diagnosed: \_\_\_\_\_; Other Major Medical Conditions: \_\_\_\_\_
- Father** (Center-Right): Year of Birth: \_\_\_\_\_; Experienced HAE Symptoms?  Yes  No; Diagnosed With HAE?  Yes  No; Age Diagnosed: \_\_\_\_\_; Other Major Medical Conditions: \_\_\_\_\_
- Aunt/Uncle** (Middle-Right): Year of Birth: \_\_\_\_\_; Experienced HAE Symptoms?  Yes  No; Diagnosed With HAE?  Yes  No; Age Diagnosed: \_\_\_\_\_; Other Major Medical Conditions: \_\_\_\_\_
- Aunt/Uncle** (Far Right): Year of Birth: \_\_\_\_\_; Experienced HAE Symptoms?  Yes  No; Diagnosed With HAE?  Yes  No; Age Diagnosed: \_\_\_\_\_; Other Major Medical Conditions: \_\_\_\_\_
- Sister/Brother** (Bottom-Left): Year of Birth: \_\_\_\_\_; Experienced HAE Symptoms?  Yes  No; Diagnosed With HAE?  Yes  No; Age Diagnosed: \_\_\_\_\_; Other Major Medical Conditions: \_\_\_\_\_
- Sister/Brother** (Bottom-Middle-Left): Year of Birth: \_\_\_\_\_; Experienced HAE Symptoms?  Yes  No; Diagnosed With HAE?  Yes  No; Age Diagnosed: \_\_\_\_\_; Other Major Medical Conditions: \_\_\_\_\_
- You** (Bottom-Middle-Right): Year of Birth: \_\_\_\_\_; Experienced HAE Symptoms?  Yes  No; Diagnosed With HAE?  Yes  No; Age Diagnosed: \_\_\_\_\_; Other Major Medical Conditions: \_\_\_\_\_
- Spouse** (Bottom-Right): Year of Birth: \_\_\_\_\_; Experienced HAE Symptoms?  Yes  No; Diagnosed With HAE?  Yes  No; Age Diagnosed: \_\_\_\_\_; Other Major Medical Conditions: \_\_\_\_\_
- Child** (Bottom-Far-Left): Year of Birth: \_\_\_\_\_; Experienced HAE Symptoms?  Yes  No; Diagnosed With HAE?  Yes  No; Age Diagnosed: \_\_\_\_\_; Other Major Medical Conditions: \_\_\_\_\_
- Child** (Bottom-Far-Middle): Year of Birth: \_\_\_\_\_; Experienced HAE Symptoms?  Yes  No; Diagnosed With HAE?  Yes  No; Age Diagnosed: \_\_\_\_\_; Other Major Medical Conditions: \_\_\_\_\_
- Child** (Bottom-Far-Right): Year of Birth: \_\_\_\_\_; Experienced HAE Symptoms?  Yes  No; Diagnosed With HAE?  Yes  No; Age Diagnosed: \_\_\_\_\_; Other Major Medical Conditions: \_\_\_\_\_

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### **Important Safety Information (Continued)**

Tell your healthcare provider about all of your medical conditions, including if you

- have an indwelling catheter/access device in one of your veins.
- have a history of blood clots, heart disease, or stroke.
- are taking birth control pills or androgens.
- are pregnant or planning to become pregnant. It is not known if CINRYZE can harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if CINRYZE passes into your milk and if it can harm your baby.

**Allergic reactions may occur with CINRYZE. Call your healthcare provider or get emergency support services right away if you have any of the following symptoms:**

- **wheezing**
- **difficulty breathing**
- **chest tightness**
- **turning blue (look at lips and gums)**
- **fast heartbeat**
- **swelling of the face**
- **faintness**
- **rash**
- **hives**

Serious blood clots may occur with CINRYZE. Call your healthcare provider or get emergency support services right away if you have any of the following symptoms:

- pain and/or swelling of an arm or leg with warmth over the affected area
- discoloration of an arm or leg
- unexplained shortness of breath
- chest pain or discomfort that worsens on deep breathing
- unexplained rapid heart rate
- numbness or weakness on one side of the body

Because CINRYZE is made from human blood, it may carry a risk of transmitting infectious agents, e.g., viruses and, theoretically, the Creutzfeldt-Jakob disease (CJD) agent.

The most common side effects seen with CINRYZE were headache, nausea, rash, and vomiting. These are not all the possible side effects of CINRYZE. Tell your healthcare provider about any side effect that bothers you or that does not go away. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

**For additional safety information, please click [here](#) for Full Prescribing Information and discuss with your doctor.**

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